

Stuhmer 72 Hour Kits.odt - OpenOffice Writer

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Stuhmer's 72 hours Kits

	<u>Front Door</u>		<u>Garage</u>
	<u>Food/Prep/Utensils/Clean</u>		<u>Food</u>
24	Energy/Protein Bars (200K avg)	6	ltr Water
2	Heater Meals	1	72 hr Food Kit for 4 = 2063K/person/day
4	York Bars	18	oz Pnut Butter
6	Ltr Water	12	oz Keebler Cookies
1	Spoon/Fork/pocket Knife/Corkscrew Set	1	lb Spaghetti, dry
2	drinking Glasses	24	oz Spaghetti Sauce
2	Eye Droppers (for sanitizing H2O w/ bleach)	8	8 oz Crackers
1	sm bottle Bleach	3	6 oz Tuna
2	Charcoal Filter Straws	24	oz Raisins
1	sm bottle Dish Soap	28	oz Bush's Baked Beans
2	Handiwipes	2	12 oz Corn Beef
	1st Aid	3	15 oz can Green Beans
	Antiseptic/Antibiotic wipes/ointment	2	15 oz can Chili w/ Beans
	Mini Scissors	2	12.5oz can white Chicken
	Aspirin/NSAIDS/etc	1	15 oz can Black Beans
3	pr Vinyl/Plastic disposable Gloves	1	Mio Mango Beach water flavoring
2	1" & 1/2" tape		
	Assrt Bandages: Ace/Gauze/Triangle/Adhesive		Cleaning
	1st Aid Booklet	1	roll Paper Towels
7	days Kai's Meds	1/2	gallon Bleach
	Petroleum Jelly & Vicks	3	Handiwipes
	Thermometer	1	Sponge/Scrubber

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